



## Milestone 1 Resources

### Online Resources

These resources range from helpful developmental information about your child to collections of articles or courses about parenting with a biblical foundation.

- Raising boys and girls is a podcast lead by three counselors. Their goal is to help you care for the kids in your life with a little more understanding, a little more practical help, and a whole lot of hope.  
<https://www.raisingboysandgirls.com/podcast>
- The Bible App for Kids aims to provide kids with a meaningful experience in God's Word. These colorful and interactive Bible stories come to life kids as they dig into scripture.  
<https://bibleappforkids.com/>
- Focus on the Family provides resources for parents that you can search for topically, by age or stage, or parenting trait. Focus on the Family has faithfully provided biblically sound resources for parents for many years.  
<https://www.focusonthefamily.com/parenting>
- The Gospel Coalition offers this free course in partnership with Bethlehem College about family discipleship. Each lesson will tackle a different topic that relates to spiritual leadership in the homes.  
<https://www.thegospelcoalition.org/course/family-discipleship/#wisdom-in-parenting>
- God's Big Story is a new podcast for kids created by The Village Church. On each episode, they teach the Bible, sing the Bible, and talk about what it means with some friends. This is an easy way to use time in the car to engage your children in truths from the Bible.  
<https://podcasts.apple.com/us/podcast/gods-big-story/id1497921615>
- The New City Catechism is a modern-day resource aimed at helping children and adults alike learn the core doctrines of the Christian faith via 52 questions and answers. Available for iPhone, iPad, and Android devices, The New City Catechism mobile app makes it easy to take all 52 questions and answers with you wherever you go. The app also includes kid-friendly songs designed to help children memorize the entire catechism.  
<http://newcitycatechism.com/mobile-apps/>

### Book Recommendations

These are just a few of our favorite books that are a great resource for building a biblical foundation in the home. There are so many to choose from, so we just highlighted a handful to give you a place to start. We have also included a few recommendations for your child's library.

**Family Discipleship: Leading Your Home through Time, Moments, and Milestones**

*In **Family Discipleship**, pastors **Matt Chandler** and **Adam Griffin** have made it their mission to help you develop a sustainable rhythm of gospel-centered discipleship focused in three key areas: time, moments, and milestones. Filled with suggestions, sample plans, and Scripture references, this book begins with the end in mind--equipping you to create a unique plan for your family as you raise your children in the love and fear of the Lord.*

### **Parenting: 14 Gospel Principles That Can Radically Change Your Family**

*In **Parenting**, author **Paul David Tripp** unfolds a more biblical perspective on parenting than merely adhering to a list of rules. He lays out fourteen gospel-centered principles that will radically change the way parents think about what it means to raise up a child, informing everything they do as a parent. Principles include grace, identity, lies, authority, foolishness, and character.*

### **Praying the Scriptures for Your Children**

Author: Jodie Berndt

*There is no need we will face in parenting--or that our kids will confront in their lives--that God has not already thought of, and provided for, in his Word. And there can be no greater privilege than partnering with him, through our prayers, to accomplish his best purposes in the lives of the people we love. This book teaches you how and what to pray for your child(ren) in the following areas: faith, character, safety, relationships, and the future.*

### **Risen Motherhood**

*In **Risen Motherhood**, **Emily Jensen** and **Laura Wifler** help you understand and apply the gospel to common issues moms face so you can connect your Sunday morning faith to the Monday morning tantrum. Discover how closely the gospel connects with today's motherhood.*

### **Big Theology for Little Hearts**

Each book in the Big Theology for Little Hearts series introduces a big idea from the Bible with concise definitions and engaging illustrations to help young minds gain a foundational understanding of God's word. With each volume written to complement all the others, this series is designed to help children develop a cohesive framework of theology that includes God, creation, humanity, Jesus, and the gospel-allowing you to start having crucial conversations with your children as early as possible.

### **God Cares How I Feel**

This board book for the Daily Grace Company is a great resource for helping toddlers identify different emotions. As little ones learn to express their feelings, finding the right words can be challenge. This gospel centered approach to emotions teaches children that God cares how they feel.

### **The Bible in Pictures for Little Eyes**

The Bible in Pictures for Little Eyes is the perfect way to teach children the truths of the Bible. With short stories in simple language and lots of classic pictures, this book is bound to be a favorite of your children for years to come.